



## Spray Tanning Consent Form

Spray tanning involves the application of a solution containing the active ingredient DHA (Dihydroxyacetone). DHA is generally considered safe and has been FDA-approved only when guidelines for protecting mucous membranes are followed. When considering the application of DHA products by spraying or misting, please answer the following questions:

Nose filters and Vaseline for your lips are available at each session. Please indicate whether you choose to use them or not: I choose to use these products. \_\_\_\_\_ I do NOT choose to use these products. \_\_\_\_\_

*Everyone's skin is different*, and while the ingredients used in this procedure are generally regarded as safe for cosmetic use, there may be instances where individuals are allergic to specific components in the spray tan solution. If you have known allergies, please read the ingredients list and discuss this with your technician.

**Be advised there is a small percentage of individuals may not react favorably to spray tanning. Therefore, we recommend not getting sprayed for the first time when your appearance is critical (e.g., wedding, special occasion, or prom). To ensure the best results, schedule a practice session 30 days before your event.**

**Preparation:** Prior to your spray tan session, exfoliate thoroughly using an oil-free body wash and loofah. Avoid using oil scrubs or coffee scrubs as they create a barrier that can impede the tanning process. Shaving is required 24 hours before your session for optimal results.

**Day of:** When you arrive for your appointment, please wear loose-fitting clothing (no leggings) and open-toe shoes (flip-flops or sandals). Inadequate preparation or attire may impact the results, and we cannot guarantee satisfaction in such cases.

**During your session:** Women may undress to their comfort level, and disposable thongs are available upon request. Men must wear shorts, boxers, underwear, or a bathing suit.

**Aftercare:** To achieve optimal results, follow the recommended processing time for your spray tan. Avoid activities that cause perspiration, moisturizing your skin, or applying makeup until after your first shower. You may notice the immediate bronzing color wash off during your initial shower; this is the color guide and does not affect the spray tan. Wait 24 hours before using soap or body wash and moisturize daily with sulfate-free products specifically designed for spray tanning.

- **Caution:** Pregnant or nursing women should consult their physician before using.
- **Warning:** This product does not contain sunscreen and does not protect against sunburn. Repeated exposure of unprotected skin to UV light may increase the risk of skin aging, skin cancer, and other harmful effects on the skin, even if you do not burn.

I have read this consent form carefully and am not aware of any medical conditions, allergies, or other reasons that would prohibit me from sunless tanning. I have received and understood the spray tan care instructions provided. While spray tan results typically last about 7-10 days, I understand that individual results vary based on preparation, daily product use, activities, and skin type. To my knowledge, I have no medical condition or allergy that would prevent me from having this procedure. I have provided accurate information on this waiver and take sole responsibility for any reactions, staining of clothing, and personal belongings.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If the client is under the age of 18, a parent/guardian signature is required for services.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Client Information

First & Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Sex: \_\_\_\_\_ Age: \_\_\_\_\_

How did you hear about us? Check all that apply.

- Referral       Advertisement       Web       Other

Have you ever received a spray tan or applied sunless tanner before?  Yes  No

Are you currently pregnant or breastfeeding?  Yes  No

Do you have allergies?  Yes  No If so, are any related to Dihydroxyacetone (DHA)?  Yes  No

Do you have any skin conditions that may be of concern? List \_\_\_\_\_  Yes  No

Do you have any respiratory illnesses that may be of concern? List \_\_\_\_\_  Yes  No

Are there any products (makeup, oils, etc.) on your skin currently?  Yes  No

Did you exfoliate 24 hours before your appointment?  Yes  No

Have you been exposed to sunlight or experienced sunburn in the past 4 weeks?  Yes  No

Are you currently using any retinol products, or have you taken Accutane within the past year?  Yes  No

Are you currently taking any hormone-altering or DNA-altering medications/antibiotics?  Yes  No

What is your skin sensitivity?

- Always burn, never tan       Burn, but still can achieve a tan       Tan easily & rarely burn

Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_